

# INTRODUCTION TO INFANT-PARENT PSYCHOTHERAPY

(INCLUDES ASSESSMENT, FORMULATION AND TREATMENT OF THE UNDER FIVES)

**September 2011 to June 2012**

In a Here and Now experience, participants will have the opportunity to directly observe early development of the child and parental response. They will become aware of the child's capacities, functions, personality development, roots of psychopathology, and the parental strengths and characteristics which contribute to the possible psychopathology in the child. The treatment model is dynamic Infant-Parent Psychotherapy, which emphasizes early development within the context of relationships (past and present), family, and culture.

This certificate course aims to provide those working with children, families, and/or adults with current knowledge about infant/early child development, assessment, and intervention which will compliment their ongoing clinical work.

**Time: Mondays 9:00 am to 12 noon.**

**Duration: 30 weeks, September 2011 to June 2012**

## Course Description

Throughout the 30 seminars, using a one-way mirror with live families, videotapes and group discussion, participants will think reflectively about the experience of an infant/young child in a family. Participants will observe and work together to think about the experience of the infant/child as we assess, formulate, and design a treatment plan. Didactic: related readings and review of theoretical material will take place throughout the seminars

## Outcomes

Upon completion of 30 seminars, participants will:

- become aware of the inner worlds of the observer and will observe their impact, each upon the other
- develop a self-reflective capacity to inform clinical practice
- experience the power of the relationship between an infant/young child and caregiver(s)
- understand the importance of the infant's/child's use of play
- develop strategies for thinking about the assessment, formulation, and treatment processes

## Time

**30 seminars of 3 hours each: Mondays 9am to 12pm**

**2011:** Sep 26; Oct 3, 17, 24, 31; Nov 7, 14, 21, 28; Dec 5, 12

**2012:** Jan 9, 16, 23, 30; Feb 6, 20, 27; Mar 5, 26; Apr 2, 9, 16, 23, 30; May 7, 14, 21, 28; June 4

## Place

The Hincks-Dellcrest Treatment Centre - 440 Jarvis Street  
Toronto, ON

## Criteria

Mental health professionals and allied disciplines holding a masters degree or equivalent.

## Fee

**Non-refundable deposit, \$150.** Upon acceptance, balance of \$1,545 to be paid by Oct 1/11. There will be a maximum of 10 participants.

**Leaders**

Elizabeth Tuterts\*, MSW, RSW, Dip. TCPP, CAPCT  
Child, Adolescent & Adult Psychoanalyst  
Team Leader in The Infant and Family Assessment and Treatment Program, The Hincks-Dellcrest Centre

Sally Doulis\*, MSW, RSW, Dip. TCPP, CAPCT  
Psychoanalytic Child Therapist  
Team Member in The Infant and Family Assessment and Treatment Program, The Hincks-Dellcrest Centre  
**\*Faculty and Supervisors at the Toronto Child Psychoanalytic Program**

**Forward Application Form and Payment to:**

(Please make cheque payable to: **The Hincks-Dellcrest Centre**)

Shannon Holcomb, Coordinator  
The Hincks-Dellcrest Centre, Gail Appel Institute  
114 Maitland Street  
Toronto, Ontario M4Y 1E1

For further information, please contact Shannon Holcomb  
Phone: 416-972-1935 x3340 · Fax: 416-924-9808 · E-mail: sholcomb@hincksdellcrest.org

• **Application Deadline: July 1, 2011** •

**Please complete the following:**

Name .....

Fee **\$150 non-refundable attached**

Institution/Affiliation.....

Position .....

Years of Experience.....

Degrees/Qualifications .....

**Attach a letter detailing experience in the field and the reason for taking the course in terms of goals, outcomes and expectations (no more than 3 pages).**