

Where do I start?

An Individual Skill Building Approach to Address Trauma Recovery Issues with Women who've Experience Violence and Victimization

Lori Beyer, MSW, MSWAC

TORONTO April 16, 2012 • THUNDER BAY April 18, 2012 • MONTREAL May 10, 2012

This training is designed for clinicians and direct care staff who seek a structured way to work on skill building with female trauma survivors. Those who will find this training helpful includes professionals working in inpatient, outpatient or residential mental health or substance abuse programs, homeless service providers, domestic violence and sexual assault service providers and criminal justice settings.

The Trauma Recovery and Empowerment Profile (TREP) is a rating instrument with eleven dimensions. Each dimension describes a skill that is central to coping effectively with the impact of emotional, physical and/or sexual abuse. Completed by a clinician who knows the consumer/survivor well, the TREP is designed to provide a summary of the consumer/survivor's recovery skills at a particular point in time.

This training prepares clinicians to use the Trauma Recovery and Empowerment Profile (TREP) assessment instrument, which evaluates women's skills on 11 dimensions including: the ability to self-soothe and self protect, the ability to solve problems and use accurate language to describe situations and people, and the capacity to take initiative and make accurate judgments and decisions. The training will teach clinicians to utilize the TREP and it's companion intervention menu in treatment planning and provision of services. Trainees will be introduced to a menu of treatment interventions that correspond to the 11 TREP dimensions and will be given assistance in how to help consumers use the treatment menu to select techniques for improving skill development across these 11 areas.

Learning Objectives:

- Participants will learn the 11 skill areas assessed with the TREP tool.
- Participants will learn how to use the TREP instrument, and how to make TREP ratings on the 5 point scale.
- Participants will learn how to facilitate clinical discussions to support their work at making accurate TREP ratings.
- Participants will learn how to use the corresponding Menu of Strategies manual to use with consumers in skill building work.

The TREP Assessment Instrument and Menu of Strategies Manual will be included in your registration package!

Lori Beyer, MSW, MSWAC, Lori Beyer, LICSW, MSWAC is a supervisory trauma clinician and lead trainer at Community Connections a private, not-for-profit agency providing a full range of human services in metropolitan Washington, D.C. Ms. Beyer specializes in providing workshops, trainings, and ongoing supervision and consultation to agencies and clinicians nationally on issues related to trauma-specific and trauma-sensitive service provision. Ms. Beyer has over 15 years of experience working with adults who are dually diagnosed with a serious mental illness and substance abuse disorder, and have histories of homelessness and violent victimization. She was an original member of the Community Connections Trauma Work Group which developed the Trauma Recovery and Empowerment Model (TREM), has co-led numerous group treatment interventions in areas such as Trauma Recovery and Empowerment, Parenting Skills, and Domestic Violence, and has served as a clinical case manager and clinical housing coordinator before her more recent positions as a supervisory trauma clinician in two federally-funded research projects and as a lead trainer.



TORONTO April 16, 2012
Hincks-Dellcrest Centre – Gail Appel Institute
114 Maitland Street, Toronto

THUNDER BAY April 18, 2012
Best Western Nor'Wester Resort Hotel
2080 Hwy #61, Thunder Bay

MONTREAL May 10, 2012
McGill Faculty Club and Conference Centre
3450 McTavish Street, Montreal

REGISTRATION



REGISTER BY MAIL, PHONE, FAX E-MAIL OR ON-LINE

Hincks-Dellcrest Centre – Gail Appel Institute, 114 Maitland Street, Toronto, ON M4Y 1E1

TELEPHONE: 416-972-1935 x 3233 **FAX:** 416-924-9808 **E-MAIL:** mvanrooyen@hincksdellcrest.org

REGISTER ON-LINE: www.peopleware.net/2323

One form per person. Please print clearly.

Name: _____ Position: _____

Department: _____ Organization: _____

Address: Home Business _____

Phone: _____ fax: _____ e-mail: _____

I wish to be on the mailing list.

I WISH TO REGISTER FOR

WHERE DO I START?

- TORONTO April 16, 2012**
- THUNDER BAY April 18, 2012**
- MONTREAL MAY 10, 2012**

Early registration one month prior to seminar \$205
Regular registration \$215

Time: 9:00 am - 4:00 pm

Manuals included in Registration Package

Method of Payment

Payment must be made by cheque or credit card (Visa or Mastercard) and must accompany the registration form. Registration by phone, fax or e-mail accepted with credit card payment only. Cheques to be made payable to Gail Appel Institute. Post-dated cheques not acceptable for early registration.

I wish to pay by: Cheque Visa Mastercard

Card Number: _____ Expiry Date: _____

Name on Card: _____

Signature: _____

Total fee enclosed: _____

CANCELLATION POLICY:

An administrative fee of \$40 will be charged for all cancellations. For a refund, notice of cancellation must be received in writing two weeks prior to the workshop date. After that time you may elect to receive a credit which may be applied to a future workshop of the same value used within one year of date of issue. A colleague may be substituted for attendance. No credit or refund will be given if you do not notify us in advance of the workshop date. The Institute reserves the right to cancel a workshop due to under-enrollment, work stoppages, instructor illness or inclement weather. If a workshop is cancelled, the Institute is responsible for refunding only the tuition payment.

GROUP AND STUDENT RATES:

Registration of six or more mailed in the same envelope and students in a university or college program will receive a 10% discount. Copy of student identification must accompany registration.

CONTINUING EDUCATION CREDITS:

Each participant will receive a Certificate of Participation. This may be used to qualify for eligibility for Continuing Education Credits when submitted to your own licensing board and/or professional college/association.

ACCESSIBILITY STANDARDS FOR CUSTOMER SERVICE (AODA) - SUPPORT PERSONS

"The Hincks-Dellcrest Centre strives to create barrier free training to all persons and therefore welcomes support persons accompanying persons with disabilities. As per our Operational Procedure Number 8-3-11, Any customer attending a training session at the Hincks-Dellcrest Centre will not be asked to pay for a support person accompanying them to the training session"